

OPTIMIZING DEVELOPMENTAL OUTCOMES BY SETTING SMART GOALS INDIVIDUALISED HOME PROGRAM FOR CHILDREN WITH DISABILITIES DURING COVID19

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INTRODUCTION:

COVID-19 pandemic has posed as a huge danger to the lives and prosperity of millions of individuals around the world. The weakest segments of society were missed in this large scale crisis. Covid pandemic presented a phenomenal chance for families of children with disabilities to act in fortitude and transform this emergency into a force to accomplish the objectives and enhance result for children.

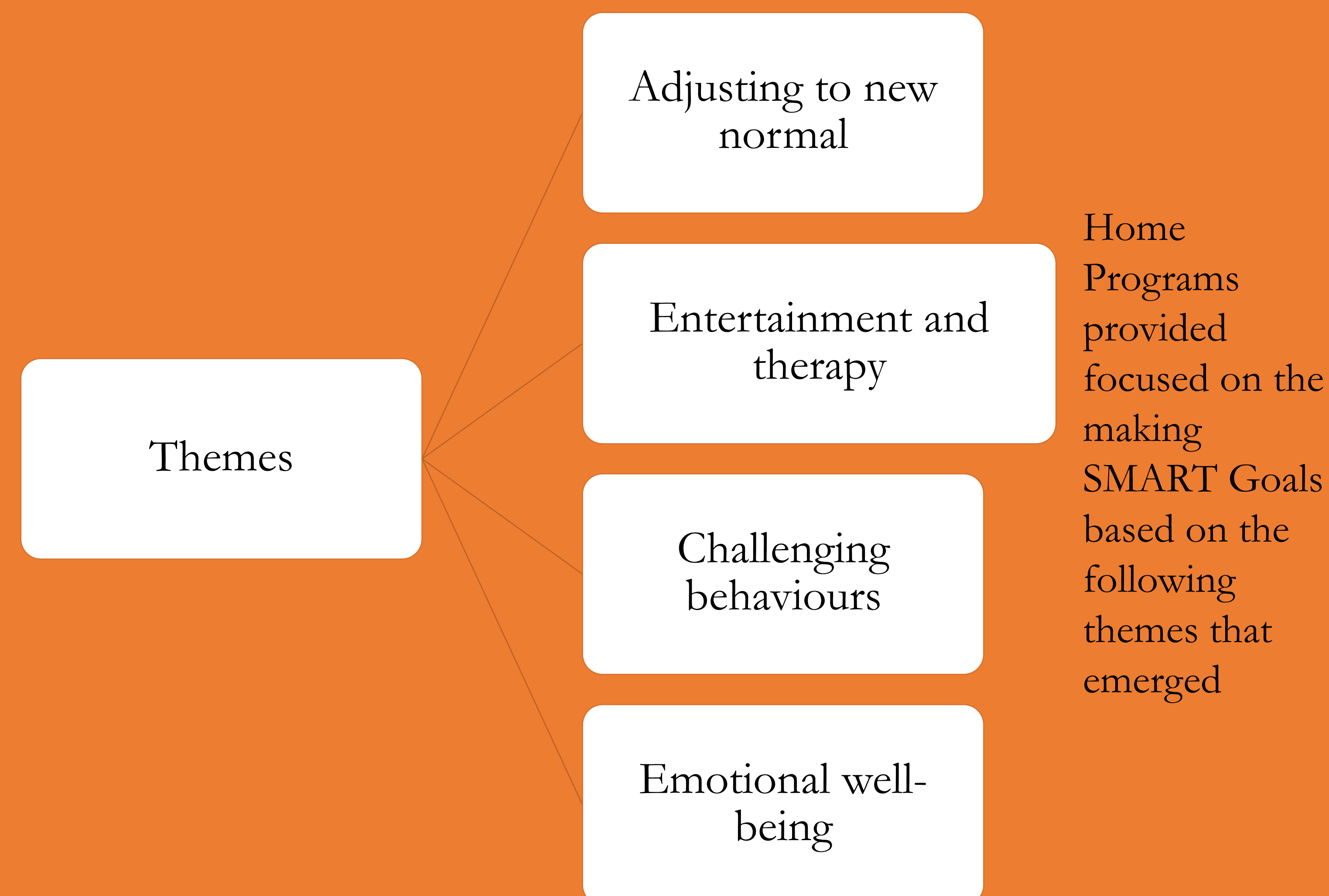
METHOD:

- Participants – 1-21 years, n = 261
- Data source for goals taken from Salesforce for sessions taken between Jan-Dec 2020
- Virtual sessions taken for children who were previously receiving therapy from Latika Roy Foundation

RESULTS:

Home management programs were setup by the staff at Latika Roy Foundation (LRF) during the pandemic for families of children with disabilities. Families of children with disabilities worked hard during the lockdown and their children showed improved outcomes by the individualized home programs setup for each child attending the online services

Various themes emerged from the current study (Figure 1)



CONCLUSION:

When accessibility to essential services was difficult, children with disabilities and their parents were the high-risk group for various physical and mental health issues, and needed appropriate guidance and support. As the world navigates the pandemic the LRF staff continued to work for the most vulnerable sections of society fostering the idea of practice and participation.