

الجمعية اللبنانية لأمراض الغدد
الضم والسكري والدهنيات
LSED
LEBANESE SOCIETY
OF ENDOCRINOLOGY
DIABETES AND LIPIDS



28th ANNUAL CONGRESS OF THE LSED



13-14 June 2025



Al Habtoor City Beirut

CME CREDITS

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EVENTS



Dear Colleagues, Esteemed Guests, and Friends,

It is with great pleasure that I welcome you to the “**28th Annual Congress of the Lebanese Society of Endocrinology, Diabetes and Lipids (LSEDL)**”, taking place on **June 13-14, 2025**.

Over the years, this congress has grown into a vital scientific forum, connecting clinicians, researchers, and healthcare

professionals with a shared passion for advancing endocrine care. In a time of continuous medical evolution, our mission remains clear: to promote clinical excellence, encourage the exchange of knowledge, and support collaboration across disciplines and borders.

This year, we are proud to present a diverse and timely scientific program, enriched by the participation of outstanding speakers from Lebanon and abroad. Their contributions and insights are what elevate this congress year after year. I extend my sincere gratitude to each of our speakers for their time, expertise, and dedication.

I would also like to express our deepest appreciation to our sponsors, whose generous support and continued partnership play a key role in making this congress a success.

We look forward to welcoming you all to this vibrant and engaging event — a space for learning, connection, and shared purpose.

Warm regards,

Mireille El Amm Azar, MD

President of the LSEDL

Executive Board

- **President:** Mireille El Amm Azar, MD
- **Vice-President:** Hajar Ballout, MD
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- **Treasurer:** Youssef Srou, MD
- **Members:** Ahmad Baajour, MD
Dina Maddah, MD
Fadel El Fliti, MD
Haitham Saad, MD
Nada El Ghorayeb, MD

Speakers

| | | | |
|---|-------------------------------|---|------------------------------|
|  | Asma Arabi, MD, MSc, CCD |  | Marlene Chakhtoura, MD, MSc |
|  | Christy Salameh, MD |  | Mireille El Amm, MD |
|  | Daniel Bichet, MD |  | Mohamed Hassanein, MD |
|  | Eduard Montanya, MD, PhD |  | Mounzer Saleh, MD |
|  | Fuad Said, MD |  | Najlaa Hamadeh, MD |
|  | Georges Hajj, MD, MSc |  | Nathalie Matta, MD |
|  | Hajar Ballout, MD |  | Rawan Saab, MD |
|  | Hala Tfaily, MD |  | Rita Nemer, MD |
|  | Hanane Younes, MD |  | Rosario Pivonello, MD, PhD |
|  | Jocelyne Azar, MD |  | Salman Razvi, MBBS, PhD |
|  | Jocelyne Fares, MD, MS |  | Sami Azar, MD |
|  | Kausik Ray, MD, MB ChB, MPhil |  | Selim Jambart, MD, MSc, FACE |
|  | Linda Mahfouz, MD |  | Youssef Obeid, MD |

| Time | Topic | Speakers |
|---------------|--|------------------------|
| 08:30 – 09:30 | Registration and Welcome | |
| 09:30 – 10:00 | Moderators: Caline Rhayem, MD, Mariam Taktak, MD Fellows Presentation: Neurological Manifestations Hiding a Rare Endocrine Disorder: A Clinical Case | Christy Salameh, MD |
| 10:00 – 10:30 | Moderators: Ghassan Kdouh, MD, Mahmoud Tabbal, MD Fellows Presentation: Clinical Case: ROHHAD, a 20 Year old Female | Nathalie Matta, MD |
| 10:30 – 11:00 | Moderators: Perele El Hajj, MD, Raffi Poladian, MD Supplementing the Thyroid: A Myth or a Reality? | Youssef Obeid, MD |
| 11:00 – 11:30 | Moderators: Mia Marwani, MD, Najla Itani, MD Stress Management | Jocelyne Azar, MD |
| 11:30 – 12:00 | Moderators: Abbas Nasser, MD, Freda Atallah, MD Updates on Hypoparathyroidism | Marlene Chakhtoura, MD |
| 12:00 – 12:30 | Coffee Break | |
| 12:30 – 13:00 | Moderators: Ghada Bakhos, MD, Youssef Hawli, MD Hypothyroidism the Missing Piece in the Puzzle | Salman Razvi, MD |
| 13:00 – 13:30 | Moderators: Chaouki Haddad, MD, Dana Sleiman, MD Cardiorenal Metabolic Risk Management and Role of SGLT2i | Mireille El Amm, MD |
| 13:30 – 14:10 | Moderator: Richard Yazbeck, MD The Obesity Pandemic: From Pathophysiology to Latest Advancements | Rita Nemer, MD |
| 14:10 – 14:30 | Opening Ceremony Master of Ceremony - Nada Ghorayeb, MD Address of the President of the LSEDL - Mireille El Amm, MD Address of the President of the LOP - Elias Chelala, MD | |
| 14:30 – 15:30 | Lunch | |

| Time | Topic | Speakers |
|---------------|---|-------------------|
| 15:30 – 16:00 | Moderator: Nancy Nakhoul, MD From Distress to De-Stress: What We Can Learn from the ATOS PRO Study | Georges Hajj, MD |
| 16:00 – 16:30 | Moderators: Hawraa Hodroj, MD, Mariam Awada, MD Digital Technology and Enhanced Diabetes Management | Rawan Saab, MD |
| 16:30 – 17:00 | Moderator: Emile Andari, MD DPP4 Inhibition-SGLT2 Inhibition: A Complementary Combination | Selim Jambart, MD |
| 17:00 – 17:30 | Coffee Break | |
| 17:30 – 18:00 | Moderators: Abbas Chahine, MD, Ayat Shreim, MD Precocious Puberty | Linda Mahfouz, MD |
| 18:00 – 18:30 | Moderators: Maya Barake, MD, Youssef El Osta, MD Diagnostic, Evaluation, and Treatment of Hyponatremic Patients | Daniel Bichet, MD |

| Time | Topic | Speakers |
|---------------|--|-----------------------|
| 09:30 – 10:00 | Moderators: Fadl El Fliti, MD, Judith Skaf, MD Fellows Presentation: Non Suppressible TSH in Patient with Papillary Thyroid Carcinoma | Hanane Younes, MD |
| 10:00 – 10:30 | Moderators: Adel Merchak, MD, Rania El Mais, MD Fellows Presentation: Presentation of a Young man with Aggressive Pituitary Tumor | Najlaa Hamadeh, MD |
| 10:30 – 11:00 | Moderators: Mamdouh Mansour, MD, Zeinab Issa, MD Diagnostic Challenges and Practical Approach to PCOS Syndrome | Rosario Pivonello, MD |
| 11:00 – 11:30 | Moderators: Fatima Yasmin, MD, Perla Al Asseily, MD Expanding Horizons with Cardiorenal Benefits of Dapagliflozin | Sami Azar, MD |
| 11:30 – 12:10 | Moderator: Dina Maddah, MD The Cardio-Kidney-Metabolic Approach: A Holistic Management for Type 2 Diabetes | Eduard Montanya, MD |
| 12:10 – 12:30 | Coffee Break | |
| 12:30 – 13:00 | Moderators: Hassan Hazimeh, MD, Paola Atallah, MD SURPASS and SURMOUNT T2D and Obesity: an Introduction to Tirzepatide | Mohamed Hassanein, MD |
| 13:00 – 13:30 | Moderators: Haitham Saad, MD, Khadija Saad, MD Endocrine Disruptors: The Silent Saboteurs | Jocelyne Fares, MD |
| 13:30 – 14:00 | Moderator: Rita Medlej, MD Managing Lipids Without Compromise: Livazo for Prevention and Glycemic Balance | Kausik Ray, MD |
| 14:00 – 14:30 | Moderators: Carole Saade Riachy, MD, Rabih Kbar, MD EMPAKIDNEY: An Unparalleled Robust Evidence in CKD Management | Fuad Said, MD |
| 14:30 – 15:30 | Lunch | |

| Time | Topic | Speakers |
|---------------|---|-----------------------|
| 15:30 – 16:00 | Moderator: Elisabeth Abou Jaoude, MD Navigating Simplified Paths with Insulin-based Therapies | Mounzer Saleh, MD |
| 16:00 – 16:30 | Moderators: Ismail Ismail, MD, Marie-Hélène Gannagé-Yared, MD Delayed Puberty | Hala Tfaily, MD |
| 16:30 – 17:00 | Moderator: Ahmad Baajour, MD Dyslipidemia: Strike Early, Strike Strong | Hajar Ballout, MD |
| 17:00 – 17:30 | Coffee Break | |
| 17:30 – 18:00 | Moderators: Haitham Abou Daher, MD, Saria Wakim,MD Updates on Pituitary Incidentalomas and Management of Non-Functional Pituitary Adenomas | Rosario Pivonello, MD |
| 18:00 – 18:30 | Moderators: Hachem Afech, MD, Nada Ghorayeb, MD Atypical Femoral Fractures | Asma Arabi, MD |
| 18:30 – 19:00 | Moderators: Gina Sleilati, MD, Kassem Saad, MD Arginine Vasopressin Deficiency (AVP-D): Diagnosis, Clinical Evaluation and Treatment | Daniel Bichet, MD |



Christy Salameh, MD

Fourth Year Resident in Endocrinology and Metabolic Diseases,
Hôtel-Dieu de France University Hospital
Lebanon

Dr. Christy Salameh is currently a 4th-year resident in Endocrinology and Metabolic Diseases at Hôtel-Dieu de France University Hospital, affiliated with Saint Joseph University of Beirut. She earned her Doctor of Medicine (MD) degree in 2021 from the Faculty of Medicine at USJ. Following her graduation, she completed a two-year Internal Medicine residency (common trunk) at Hôtel-Dieu de France between 2021 and 2023.

Her academic interests are reflected in her research work, with co-authored publications including “Reference intervals for thyroid hormones in the Lebanese population” in *Annals of Clinical Biochemistry* (2022), and “Comparison of thyroid function tests across two platforms” in *Clinical Chemistry and Laboratory Medicine* (2022). In addition to her clinical and academic pursuits, Christy is actively involved in volunteer work, providing endocrinology consultations in primary health care settings and participating in various medical volunteer initiatives at Hôtel-Dieu de France.



Nathalie Matta, MD

Second-year Fellow in Endocrinology and Metabolic Diseases,
Lebanese American University
Lebanon

Dr. Nathalie Matta is a second-year Fellow in Endocrinology and Metabolic Diseases at Lebanese American University. She earned her MD and completed her residency in Internal Medicine at the University of Balamand.

She is actively involved in clinical care, academic training and is committed to advancing her expertise in her field.



Youssef Obeid, MD

Head of Internal Medicine Department,
Bhannes Medical Center
Lebanon

Dr. Youssef Obeid is a specialist in endocrinology and metabolic diseases, holding his medical degree from Saint Joseph University in Beirut (1989) and his specialization in endocrinology from Paris V – René Descartes University (1993). He currently serves as the Head of the Internal Medicine Department at Bhannes Medical Center.

Dr. Obeid is an active member of the European Association for the Study of Diabetes (EASD) and the European Society of Hypertension. He has authored numerous scientific papers and publications and is a frequent speaker at both national and international medical conferences and pharmaceutical events.



Jocelyne Azar, MD

Clinical Assistant Professor of Psychiatry
Division Head, Psychiatry
Program Director and Co-Clerkship Director of Psychiatry
Lebanese American University Medical Center – Rizk Hospital
Lebanon

Dr. Jocelyne Azar is a Clinical Assistant Professor of Psychiatry at the Lebanese American University Medical Center – Rizk Hospital (LAUMC-RH), where she serves as Division Head as well as Program Director and Co-Clerkship Director of Psychiatry.

A graduate of Saint Joseph University of Beirut, Dr. Azar completed their psychiatric training at USJ and at Centre Hospitalier Sainte-Anne in Paris, France. In addition to practicing adult psychiatry, she holds multiple university diplomas from Université Paris V – Descartes in Cognitive and Behavioral Therapy, Eating Disorders, and Forensic Medicine.

Passionate about advancing medical education, Dr. Azar also holds a Master's in Health Professions Education with a focus on Accreditation and Assessment from FAIMER/Keele University in the United Kingdom. Their educational background further includes a University Diploma in Simulation-Based Medical Education from the Lebanese American University and a Master's in Health and Hospital Management from École Supérieure des Affaires (ESA) in Beirut.



Marlene Chakhtoura, MD, MSc

Assistant Professor of Clinical Medicine,
American University of Beirut
Director of the Clinical Research Institute,
American University of Beirut Medical Center
Lebanon

Dr. Marlene Chakhtoura is an Assistant Professor of Clinical Medicine at the American University of Beirut, and the Director of the Clinical Research Institute at AUB-MC.

Her research interest revolves around bone health/osteoporosis, obesity and the link between them. She is well published in first tier journals, and recipient of several awards, from international and national institutions.



Salman Razvi, MBBS, PhD

Senior Lecturer in Endocrinology, Newcastle University
Consultant Endocrinologist, Queen Elizabeth Hospital NHS Trust
United Kingdom

Prof. Salman Razvi is a Senior Lecturer in Endocrinology at Newcastle University and a Consultant Endocrinologist at Queen Elizabeth Hospital. His doctoral thesis was based on assessing cardiovascular risk in subclinical hypothyroidism.

Subsequent to this, he has continued to pursue research evaluating the action of thyroid hormones particularly on the cardiovascular system. He is the chief investigator of several projects funded by various statutory funding bodies as well as charities, including RCTs investigating the utility of thyroid hormones in acute myocardial infarction as well as heart failure. He has more than 110 peer-reviewed publications and book chapters mainly relating to thyroid dysfunction.

Prof. Razvi is the Treasurer for the European Thyroid Association and the Director of Research and Development at the Queen Elizabeth Hospital NHS Trust. He is an Associate Editor for the European Journal of Endocrinology and Frontiers in Endocrinology. He is an editorial board member of JCEM, Thyroid and Journal of Endocrinological Investigations. In addition, he is the medical advisor to the patient charity the British Thyroid Foundation.



Mireille El Amm, MD

Endocrinologist,
Notre Dame des Secours University Hospital
Lecturer,
Faculty of Medicine, Holy Spirit University of Kaslik
President, Lebanese Society of Endocrinology, Diabetes and Lipids
Lebanon

Dr. Mireille El Amm is an endocrinologist working in Lebanon with both clinical and academic activity. She is a lecturer at the Faculty of Medicine of the Holy Spirit University in Kaslik.

Currently, She is the president of the Lebanese society of endocrinology, Diabetes and Lipids.

Dr. El Amm received her medical doctor degree from the faculty of medicine of the St. Joseph University,Beirut,Lebanon. She completed a fellowship in endocrinology at the Hotel Dieu de France Hospital (Beirut,Lebanon) and at the Kremlin Bicetre University Hospital in Paris, France, where she had a training in pituitary diseases and got a university diploma in this specialty from Paris Sud XI University.

Dr. El Amm has several publications in international medical journals, in different endocrinology topics, such as lipid lowering therapy, parathyroid diseases and diabetes mellitus. She is also one of the writers in the textbook 'Traité d'endocrinologie', Flammarion edition.

Dr. El Amm is a speaker in many local and international medical meetings, member of advisory boards locally and internationally and reviewer for medical journals in endocrinology.



Rita Nemer, MD

Associate Professor of Endocrinology, Lebanese American University
Head, Division of Endocrinology, LAU Medical Center-Rizk Hospital
Lebanon

Dr. Rita Nemer is an endocrinologist, currently serving as Associate Professor of Endocrinology at the Lebanese American University and Head of the Division of Endocrinology at LAU Medical Center–Rizk Hospital in Beirut. She is the former President of the Lebanese Society of Endocrinology, Diabetes and Lipids.

Dr. Nemer earned her medical degree from the Faculty of Medicine, Saint Joseph University of Beirut and pursued postgraduate training in endocrinology and metabolism at Hôtel-Dieu de France University Hospital. She further specialized in lipidology at the renowned Pitié-Salpêtrière Hospital in Paris, France.

Throughout her career, Dr. Nemer has demonstrated a strong commitment to clinical care, medical education, and research. Her scholarly work focuses on the genetics of type 2 diabetes in the Lebanese population, among other endocrine topics. She has authored and co-authored several peer-reviewed publications and is a frequent invited speaker at national and regional medical conferences.

Dr. Nemer is an active member of leading professional societies, including the Endocrine Society, the American Diabetes Association (ADA), and the European Society of Endocrinology (ESE).



Georges Hajj, MD, MSc

Associate Professor of Medicine, University of Balamand
Consultant Endocrinologist, Bellevue Medical Center
Lebanon

Dr. Georges Hajj is a board-certified endocrinologist with a distinguished academic and clinical background. He earned his medical degree from Saint Joseph University of Beirut, where he also completed a Master of Science in Physiology and Pathophysiology. Following his residency at Hôtel-Dieu de France University Hospital, Dr. Hajj pursued advanced fellowship training in Paris, specializing in thyroid diseases and thyroid cancer management at Institut Gustave Roussy. He also earned a diploma in hypothalamic and pituitary disorders from Paris-Sud University and a diploma in diabetes and thyroid diseases from Paris Descartes University.

Dr. Hajj currently serves as an Associate Professor at the University of Balamand and as a lecturer at Saint Joseph University of Beirut. He is a consultant endocrinologist at Bellevue Medical Center, Clemenceau Medical Center and the Chronic Care Center.

He is also an active member of the Lebanese Society of Endocrinology, Diabetes, and Lipids (LSEDL) and serves on the Executive Committee of the International Diabetes Federation (IDF). Dr. Hajj is also a published researcher, with multiple peer-reviewed articles in international medical journals.



Rawan Saab, MD

Assistant Professor of Endocrinology,
University of Balamand
Endocrinologist,
Mount Lebanon Hospital University Medical Center
Lebanon

Dr. Rawan Saab is an endocrinologist currently an assistant Professor at the University of Balamand and Mount Lebanon Hospital.

She holds a Doctor of Medicine degree from the University of Balamand. She was trained as an Internal Medicine specialist as well as an Endocrinologist at the Saint George Hospital University Medical Center in Beirut and holds a specialist diploma from the Sorbonne University in Paris (Universite Paris VI – Pierre et Marie Curie), where she has authored numerous papers and medical works, as well as contributed in international conferences in the field.

She holds a degree in therapeutic education of patients, as well as management of obesity in both clinical and surgical contexts, and is actively involved in several national and international scientific societies.



Selim Jambart, MD, MSc, FACE

Emeritus Professor of Endocrinology,
Faculty of Medicine, Saint Joseph University of Beirut,
Lebanon

Prof. Selim Jambart is Emeritus Professor of Endocrinology at St-Joseph University Faculty of Medicine in Beirut, Lebanon, where he also served as former Vice-Dean and Head of the Department of Endocrinology and Metabolism. He was formerly the Head of the Endocrinology and Metabolism Division at Hôtel-Dieu de France University Hospital.

Prof. Jambart is the past founding president of the Lebanon Chapter of the American Association of Clinical Endocrinologists, former president of the Lebanese Society of Endocrinology, Diabetes and Lipids, and past president of the Lebanese Atherosclerosis Society.

He holds fellowship with the American College of Endocrinology and is an active member of multiple professional societies including the Endocrine Society, the American Association of Clinical Endocrinologists, the European Society of Endocrinology, the French Endocrine Society, the European Atherosclerosis Society, and the European Association for the Study of Diabetes. Additionally, he served on the executive board of the Mediterranean Group for the Study of Diabetes.



Linda Mahfouz, MD

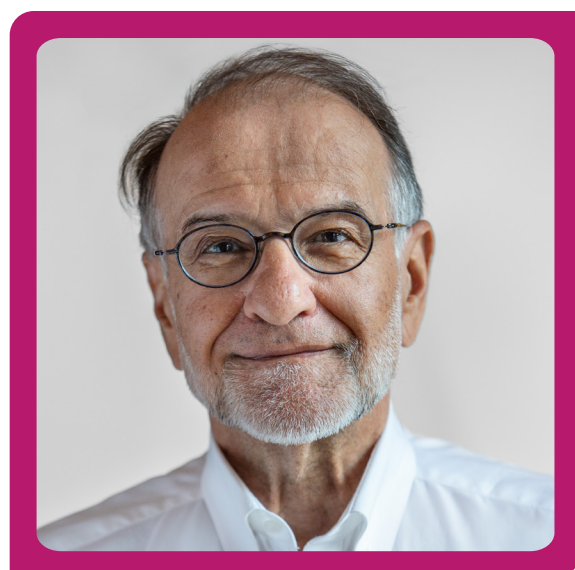
Pediatric Endocrinologist,
Hôtel-Dieu de France University Hospital
Lecturer,
Saint Joseph University of Beirut
Lebanon

Dr. Linda Mahfouz is a Pediatric Endocrinologist currently practicing at Hôtel-Dieu de France University Hospital and HSJ – Dora. She also serves as a Lecturer at the Faculty of Medicine at Saint Joseph University of Beirut.

She completed her specialized clinical training in Pediatric Endocrinology and Diabetology through prestigious fellowships at Robert Debré Hospital in Paris, France, and CHUV (Centre Hospitalier Universitaire Vaudois) in Lausanne, Switzerland.

Dr. Mahfouz holds the DIU (Diplôme Inter-Universitaire) and DFMS (Diplôme de Formation Médicale Spécialisée) in Pediatric Endocrinology and Diabetology from Paris Diderot University – Paris 7, as well as a DIU in Automated Insulin Therapy from Montpellier, France. She also earned a Master's degree in Fundamental and Biological Sciences from Saint Joseph University.

She is an active member of several professional societies, including the Arab Society for Pediatric Endocrinology and Diabetes (ASPED) and the European Society for Paediatric Endocrinology (ESPE).



Daniel G. Bichet, MD

Professor of Medicine, Pharmacology and Physiology,
Université de Montréal
Staff Nephrologist, Hôpital du Sacré-Coeur de Montréal
Canada

Prof. Daniel Bichet is a Professor of Medicine, Pharmacology and Physiology at the Université de Montréal and a staff nephrologist at the Hôpital du Sacré-Coeur de Montréal. He obtained his medical degree at the Université de Besançon (France), and a Canadian Institute of Health Research Chair in Genetics of Renal Diseases from 2003 to 2010.

Prof. Bichet received the Medal of the Kidney Foundation of Canada in 1998, a Doctorat Honoris Causa from the University of Nancy (France) in 1999, the Jean Hamburger Medal (the highest distinction of the European Society of Nephrology) in 2010, a fellowship from the Canadian Academy of Health Sciences (FCAHS) in 2022 and the Order of Canada in June 2024.



Hanane Younes, MD

PGY-V Endocrinology Fellow,
University of Balamand
Lebanon

Dr. Hanane Younes is a PGY-V endocrinology fellow at the University of Balamand. She has been accepted into the final year of her fellowship through the DFMS program at the Endocrinology Department of Cochin Hospital in Paris, a recognized referral center for rare adrenal diseases.

Dr. Younes is an active member of both the European Society of Endocrinology (ESE) and the Endocrine Society. She is also involved in several ongoing research projects, with a growing interest in advancing the field of endocrinology through academic and clinical contributions.



Najlaa Hamadeh, MD

First-year fellow in Endocrinology and Metabolism,
American University of Beirut Medical Center
Lebanon

Dr. Najlaa Hamadeh is a first-year fellow in Endocrinology and Metabolism at the American University of Beirut Medical Center. She earned her medical degree from Beirut Arab University, graduating among the top three in her class and receiving the Merit Scholarship in recognition of her academic excellence.

Dr. Hamadeh completed her residency in Internal Medicine at the American University of Beirut. Her academic journey has been distinguished by consistent high achievement, including ranking third in the South Lebanese Governorate in the Lebanese Baccalaureate Certificate in Life Sciences.

Dr. Hamadeh has a strong interest in clinical research and remains committed to combining evidence-based clinical practice with continued involvement in research within the field of endocrinology.



Rosario Pivonello, MD, PhD

Full Professor of Endocrinology, Università Federico II di Napoli
Director, Unit of Andrology and Medicine of Reproduction,
Sexuality and Gender Affirmation,
University Hospital Federico II
Italy

Prof. Rosario Pivonello is Full Professor of Endocrinology at Università Federico II di Napoli. He's a principal investigator of international multicenter studies on Cushing's syndrome, acromegaly, and adrenal diseases and of national research projects in endocrinology. He's the Director of the Unit of Andrology and Medicine of Reproduction, Sexuality and Gender Affirmation and European Society for Sexual Medicine accredited training center for the ESSM Female Ultrasound School and Responsible of the homonymous Infra-departmental program (I level) of University Hospital Federico II. He is a staff member of the UNESCO Chair on Health Education and Sustainable Development at Università Federico II di Napoli, with direction of the andrology program.

Currently, he's a Board Member of The Pituitary Society, coordinator of the club Endocrinology and Metabolism of Sport and Physical Exercise of the Italian Society of Endocrinology (SIE), Member of the Board of Directors, as Elect President, of SIAMS, Member of the Board of Directors and delegate of the Board of Directors within the scientific commission of the Italian Society of Gender, Identity and Health (SIGIS), and treasurer for the Foundation for Research in Endocrinology, Metabolic Diseases and Andrology Onlus.

He's an Associate Editor of Frontiers in Endocrinology, an Editorial Advisory Board Member of the Journal of Neuroendocrinology, and an Editorial Board Member of The Journal of Clinical Endocrinology & Metabolism. Furthermore, he is a member of the Register of Expert Peer Reviewers for Italian Scientific Evaluation. He has authored more than 450 scientific publications (hindex: 79; citations: 20587) and is ranked in the Italian Top Scientist List.



Sami Azar, MD

Professor of Medicine- Endocrinology, Diabetes and Metabolism,
Vice President for Medical Affairs,
Dean of Faculty of Medicine and Medical Sciences,
University of Balamand
Lebanon

Dr. Sami Azar is Professor of Medicine-Endocrinology, Diabetes and Metabolism, Vice President for Medical Affairs and Dean of Faculty of Medicine and Medical Sciences at University of Balamand, Lebanon. He is former Head of Endocrinology and Director of AUB Diabetes Program at the American University of Beirut, Lebanon. Prior to his appointment at the AUB, he served as Instructor in Medicine at the Boston University School of Medicine.

Dr. Azar received his MD degree from the American University of Beirut in 1985 and completed his residency and clinical fellowship training in the field of endocrinology and metabolism in Boston University, School of Medicine and Harvard School of Medicine, Joslin Diabetes Center, Boston, USA.

Dr. Azar is past-president of the Lebanese Society of Endocrinology, Diabetes and Lipids. He is Board certified by the American Board of Internal Medicine and the American Board of Endocrinology, Diabetes and Metabolism, and is a fellow of the American College of Endocrinology. He is also a member of several national and international societies, committees and medical boards.

Dr. Azar has mentored more than 50 PhD students and endocrine fellows. He has more than 250 published peer reviewed articles in international journals and is the author of many book chapters, books and monographs. He served as editor or reviewer for numerous journals in the fields of diabetes and endocrinology. He has received several national and international awards.



Eduard Montanya, MD, PhD

Professor of Medicine, University of Barcelona
Senior Consultant, Bellvitge University Hospital
Coordinator, Diabetes and Metabolism Research Program, IDIBELL
Spain

Prof. Eduard Montanya is Professor of Medicine at the University of Barcelona, Senior Consultant at Bellvitge University Hospital, and Coordinator of the Diabetes and Metabolism Research Program at Bellvitge Biomedical Research Institute (IDIBELL), Barcelona, Spain.

Prof. Montanya's main research interests in diabetes are the regulation of beta-cell mass and function, new drug treatments and advanced therapies. He has been Chair of the Islet Study Group of the Spanish Diabetes Association, President of the Catalan Diabetes Association, Secretary of the Islet Study group of the European Association for the Study of Diabetes, ad-hoc member of the Scientific Committee of European Union Innovative Medicines Initiative (IMI2 JU), President of the Diabetes Advisory Council of the Health Department of Catalonia and Scientific Director of the Spanish Network of Biomedical Research Centers in Diabetes and Associated Metabolic Diseases (CIBERDEM).



Mohamed Hassanein, MD

Senior Consultant in Endocrinology, Dubai Hospital
Professor of Medicine, Gulf Medical University
Chair of Diabetes and Ramadan International Alliance
UAE

Prof. Mohamed Hassanein is a leading expert in endocrinology with a special focus on diabetes management during Ramadan. He played a key role in developing the Wales Diabetes Guidelines and co-authored the American Diabetes Association (ADA) recommendations for Diabetes and Ramadan in 2005 and 2010, as well as the British guidelines published in the BMJ in 2010. His extensive research and numerous publications have contributed significantly to this specialized field.

He is the co-founder and Associate Director of the Cardiff University Diabetes Diploma and has been recognized with several awards, including the Diabetes UK Structured Education First Prize (2008, 2009) and the European Association for the Study of Diabetes (EASD) Education Prize (2009).

Prof. Hassanein actively participates in both national and international educational initiatives to improve diabetes care worldwide.



Jocelyne Fares, MD, MS

Clinical Assistant Professor, Diabetes, Endocrinology, and Metabolism,
LAU Medical Center-Rizk Hospital
Clerkship Director,
Lebanese American University School of Medicine
Lebanon

Dr. Jocelyne Eid Fares is a Clinical Assistant Professor of Diabetes, Endocrinology, and Metabolism at the LAU Medical Center-Rizk Hospital, where she has served since 2018. She is also the Clerkship Director for third- and fourth-year medical students at the Lebanese American University School of Medicine. Dr. Fares holds a Doctor of Medicine and Internal Medicine Diploma from the Lebanese University, and a subspecialty diploma in Endocrinology and Metabolism from the American University of Beirut (AUB). She further earned a Master's in Epidemiology from AUB's Faculty of Health Sciences.

With a career spanning over two decades, Dr. Fares has held academic and clinical appointments at leading Lebanese institutions, including AUB, St. Joseph University, and LAU. She is a certified clinical densitometrist and has completed extensive post-graduate training in medical education and leadership.

Dr. Fares has published widely in the fields of endocrinology, diabetes, and metabolic bone disease. She is member of the Lebanese Society of Endocrinology, and the Endocrine Society. She also serves as a reviewer for several peer-reviewed journals.



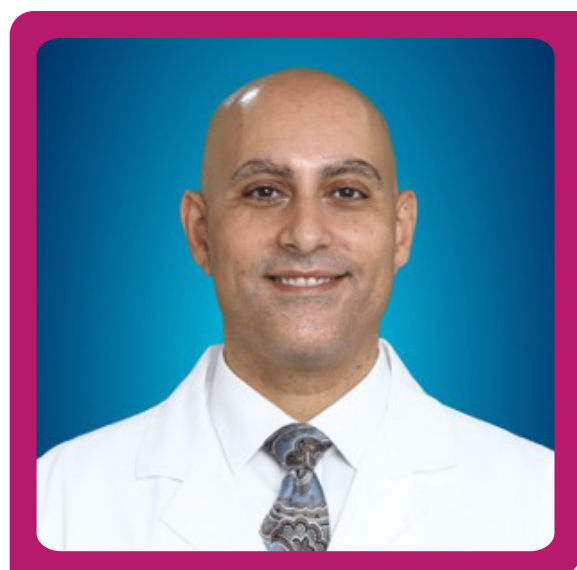
Kausik Ray, MD, MB ChB, MPhil

Professor of Public Health, Department of Public Health and Primary Care,
Imperial College London
Honorary Consultant Cardiologist, Imperial College NHS Trust
Chair, World Heart Federation Cholesterol Roadmap
United Kingdom

Prof. Kausik Ray is a globally recognized expert in cardiovascular medicine; he is the Immediate Past President of the European Atherosclerosis Society and Chair of the World Heart Federation Cholesterol Roadmap. He also leads the NIHR Academic Research Collaboration (ARC) for Cardiovascular Disease (CVD) and serves as the National ARC Lead for CVD in the UK.

He received his medical degree (MB ChB, 1991) from the University of Birmingham, followed by an MD (2004) from the University of Sheffield, a postdoctoral fellowship at Harvard Medical School, and an MPhil in Epidemiology (2007) from the University of Cambridge.

Prof. Ray is Director of ICTU-Global, an academic academic research organization (ARO), and leads numerous global clinical trials and registries focused on lipids, diabetes, and population health. With over 178,000 citations, he has been recognized by Clarivate Analytics since 2018 as among the top 0.1% of authors in global medicine. In 2023, he was inducted as a Fellow of the UK's Academy of Medical Sciences, the highest national distinction for clinician-scientists.



Fuad Said, MD

Senior Consultant in Nephrology & Kidney Transplantation
Program Director, Internal Medicine Residency Program
Jordan Hospital,
Jordan

Dr. Fuad Said is a Senior Consultant in Nephrology and Kidney Transplantation at Jordan Hospital in Amman, where he also serves as the Internal Medicine Residency Program Director.

He earned his medical degree from the University of Jordan, Faculty of Medicine in 2003. Dr. Said completed his residency and fellowship training in the United States at Brown University in Providence, Rhode Island. He obtained the American Board of Internal Medicine certification in 2009 and Nephrology certification in 2011.

Dr. Said's clinical interests include hypertension, glomerulonephritis, chronic kidney disease, hypertension in pregnancy, and transplant nephrology.



Mounzer Saleh, MD

General Academic Head,
Division of Endocrinology and Metabolism, University of Balamand
Staff Physician,
Division of Endocrinology and Metabolism,
American University of Beirut Medical Center
Lebanon

Dr. Mounzer Saleh graduated from the American University of Beirut Medical Center in 1988 and has since been a dedicated staff member of its Division of Endocrinology and Metabolism. He combines clinical practice—including a busy private clinic and hospital duties—with teaching medical students, interns, residents, and fellows.

Dr. Saleh is an active member of numerous local and international endocrinology societies and has delivered lectures both in Lebanon and internationally. He has contributed to the organization of various local and regional conferences and participated in several research studies.

Dr. Saleh is the past president of the Lebanese Society of Endocrinology, Diabetes, and Lipids, founder and past president of the Lebanese Chapter of the American Association of Clinical Endocrinologists, and vice president of the MENA-IDERA research group. He currently serves as the general academic head of the Division of Endocrinology and Metabolism at the University of Balamand.



Hala Tfayli, MD

Associate Professor of Clinical Pediatrics,
American University of Beirut
Lebanon

Dr. Hala Tfayli is currently an Associate Professor of Clinical Pediatrics at the American University of Beirut, and a consultant at the Chronic Care Center, Diabetes Unit.

Dr. Tfayli graduated from the American University of Beirut Medical School in 2001. She completed her pediatric residency training at SUNY Upstate Medical University, NY, USA in 2005 and pediatric endocrinology fellowship training at the Children's Hospital of Pittsburgh of UPMC, PA, USA in 2008. She joined the faculty at Children's Hospital of Pittsburgh, then returned to Beirut in 2011. She is American Board certified in Pediatrics and in Pediatric Endocrinology. Since her return to Beirut, she has been relentlessly working on improving the care of children with diabetes and other endocrine disorders in Lebanon.

Her research interests include pediatric diabetes, insulin resistance, obesity and PCOS. She has several publications in peer-reviewed journals.



Hajar Ballout, MD

Consultant Internist & Endocrinologist
President-Elect,
Lebanese Society of Endocrinology, Metabolism, Diabetes, and Lipids
Lebanon

Dr. Hajar Ballout is a consultant Internist & Endocrinologist with a vast experience in the diagnosis, management, of endocrine and metabolic diseases.

She is currently the President-Elect of the Lebanese Society of Endocrinology, Metabolism, Diabetes, and Lipids. Dr. Ballout is the head of the Division of Endocrinology and Metabolism at both Saint George Hospital-Hadath and the Beirut Cardiac Institute.

She is a member of the American Diabetes Association and the Endocrine Society. she is also a board member for several National and International Medical Organizations.

She is among the leading lecturers frequently invited to present lectures at conferences in Lebanon and many regional and international conferences. Dr. Ballout is running many private and in hospitals clinics in Lebanon.

Teaching at the Lebanese medical University. She has contributed in the research in the field of diabetes & Endocrinology with many publications.



Asma Arabi, MD, MSc, CCD

Professor of Clinical Medicine,
Division of Endocrinology and Metabolism,
American University of Beirut
Lebanon

Prof. Asma Arabi is a Professor of Clinical Medicine at the division of Endocrinology and Metabolism at the American University of Beirut. She served on multiple national and international committees and task forces including the Lebanese Osteoporosis Guidelines, the Lebanese vitamin D guidelines, the Arab Council for Health Specializations (Arab Board), the IOF-ISCN FRAX International Initiative, the ISCD Pediatric Position Statement, and the ISCD EMEA Panel.

Prof. Arabi is a reviewer for abstracts for the US Endocrine Society annual meetings. She is certified by ISCD since 2002 and is an international clinician instructor for ISCD courses. Her research interest is focused on bone health, osteoporosis, densitometry and vitamin D and she co-authored over 70 publications, book chapters and reports in this field.

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